Goal Setting



**NAME:**

|  |  |  |  |
| --- | --- | --- | --- |
| **OBJECTIVES** | **KEY RESULTS** | | **LOOKBACK** |
| What | Win | When | Status / Comments |
| **GOAL #1** | | | |
| **What do you want to achieve?**  [*Type your response here*] | **What does success look like?**  [*Type your response here*] | **MM/DD/YYYY**  **When do you want to achieve it?**  [*Type your response here*] | **Review what was achieved**  [*Type your response here*] |

|  |  |  |  |
| --- | --- | --- | --- |
| **GOAL #2** | | | |
| **What do you want to achieve?**  [*Type your response here*] | **What does success look like?**  [*Type your response here*] | **When do you want to achieve it?**  **MM/DD**  [*Type your response here*] | **Review what was achieved**  [*Type your response here*] |

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| --- | --- | --- | --- |
| **Personal Development Goal (Strength-based development or training for skill development)c** | | | |
| **What do you want to achieve?**  [*Type your response here*] | **What does success look like?**  [*Type your response here*] | **When do you want to achieve it?**  **MM/DD**  [*Type your response here*] | **Review what was achieved**  [*Type your response here*] |